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## MANY FACES OF ONE REALITY - BASHAR

*by Darryl Anka*

Q: I've been reading some Seth materials: Seth Speaks.

B: Yes.

Q: And there's a concept in here that I would like your help on.

B: All right.

Q: "The soul can be described, for that matter, as a multidimensional infinite act, each minute probability being brought somewhere into actuality and existence. Each mental act opens up a new dimension of actuality. In a matter of speaking, your slightest thought gives birth to worlds."

B: Yes.

Q: Okay. Now, in words that are a little easier – I'd like some examples. In words that...

B: All right. Do you understand that everything exists on different levels of relativity?

In other words, to use your pragmatic example on your own planet: the idea, let us say, of the difference between something that is human or, let us say, an insect, is that the relative degrees between what you assume to be the perspective of the insect is that they would look upon the human as encompassing a large portion of their reality. You follow me?

Q: Mhmm.

B: And then, relative to that, you say: "Well, the entire planet compared to me is a large portion of my reality." Well, simply stated then, you can extrapolate further extensions of your consciousness to assume that there is a planetary consciousness that considers itself to be a singular being, and to that being, there are then galaxies, universes that are large part of its reality; and on and on and on.

But everything is connected. Everything is the same one thing, manifesting in all the ways it possibly can.

So whatever form it takes, the insect, the human, the world, the galaxy, the universe, it is the same thing expressing itself in a different modality.

And so it is the same thing having the same thought. Every thought it has changes everything, everywhere. You create whole worlds – literally. Because all of physical reality is a product of the imagination, so to speak, of Infinite Creation, which everything is made out of; and every single concept that you define as a separate concept contains the whole of all creation. Is this making it any clearer at all?

Q: Yes, much.

B: In a very pragmatic sense also, different dimensions of experience have the same degree of relativity to other dimensions that your insect may have to you. Though we are not saying we are denigrating the idea of the insect.

But simply put: your thoughts, literally, literally, can be the driving energy behind what some other beings in another dimension may see as a gigantic natural phenomena. Just as what you call stars – even though they are a part of your physiological reality – are also aspects of whole other levels of consciousness activity. And you see them in your universe as stars. That is how they interpret in physical dimensionality.

They have consciousness too, but not consciousness as you understand it, in terms of human consciousness, and they are parts of greater consciousness still, whose thoughts created your world, your universe. Everything supports everything else. You follow me?

Q: Mhmm.

B: Is this making it clearer?

Q: Yes.

B: Thank you very much.

Q: One other question: right after I started reading this, I started getting a stiff neck that would go into a headache.

B: Yes.

Q: Could you help me on the symbology of that?

B: Generally speaking, any time you find yourself opening up to grander and vaster levels of siphoning energy through you, many of you will react in the channeling chakra area at the base of the neck, between the shoulder blades and up the bottom of the base of the skull.

Because that is where you usually first receive that type of energy. It is connected to the Kundalini energy in your spine, and it indicates that you are now flowing energy in an area you are simply not used to flowing it.

And the pain is the result of portions of you that are now waking up, in the same way that when you know you have cut off your blood supply for a long time and the blood flows back, you feel your arm or your leg waking up within that prickling painful sensation until it acclimates. So many portions of all of you have been asleep for so long that when you allow the energy to flow back in sometimes it's painful, because that portion of you is now waking up again. You follow me? As soon as you let it flow smoothly, you will acclimate; there will be no more pain.

Q: Yes.

B: So use the energy, use it to do what excites you. And that will accelerate the flow and alleviate all pain -because all pain is simply the product of resistance to a portion of yourself that you are now rediscovering.

Q: Thank you very much.

B: Thank you.

Darryl Anka

<http://bashar.org/>